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MAGAZINE

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by Christmas!

WeightWatchers

magazine

OCTOBER 2010

THE EASY WAY TO BOOST YOUR WEIGHT LOSS

(Discover it now, page 40)

*Miracle-working
shapewear special*

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The fun, free way to get fit

HOW FIVE REAL WOMEN LOST 54KG

34 WAIST-FRIENDLY
RECIPES

EASY RECIPES INSIDE

- ▶ Tasty modern classics
- ▶ Delicious brunch specials
- ▶ Cakes your waistline will love

\$5.95 (INCL GST) NZ \$6.90



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* Conditions apply, see page 2 for details

Pacific Publications

PAIN *the town* **RED**

star
BEAUTY BUY

Rimmel 1000 Kisses
Stay On Lip Liner in
Red Dynamite,
\$8.50

Set your look on fire with this month's best skin, fragrance, hair and makeup buys.

1 A magical tonic for the entire body, **Elemis Japanese Camellia Oil**, \$68, is rich in plant collagen & helps improve the appearance of stretch marks. 2 **Covergirl Volume Exact Mascara**, \$16.75, creates a full fan of separated lashes with no clumps or spikes. 3 Divine red lips are yours with **Bourjois Sweet Kiss Lip Colour in Rouge**; **star Mesure**, \$23. Not only totally wearable, it's also intensively moisturising. 4 **Soap Queen Melon & Berry Natural Soap Bar**, \$3.50, is sensitive on the skin & contains watermelon, strawberry & kiwifruit. 5 **Rimmel 1000 Kisses Stay On Lip Liner in Red Dynamite**, \$8.50, provides perfect colour that's transfer-resistant, helping minimise lipstick smudging & bleeding. 6 Get a long-lasting pout with **Divina Mini Luma Lips in Cinder**, \$12. The lip gloss applicator has a built-in light & mirror which means no more fumbling in the dark. 7 **The Jojoba Company Cucumber + Goava Firming Eye Balm**, \$46.95, instantly reduces the appearance of fine lines, tiredness & dark circles as well as helping to decrease inflammation & puffiness. 8 **John Frieda Radiant Red Daily Conditioner**, \$15.99, preserves & magnifies vibrant red shades with illuminating minerals & nourishing proteins. 9 **Face of Australia Colour Pro Nail Enamel in Lady in Red**, \$6.95, gives gorgeous enduring, chip-resistant nails. 10 **Avon Christian Lacroix Rouge**, \$59.99, is a fresh floral fragrance with delicate wild red penny accompanied by orange peel, white pepper, Japanese plum blossom & musk. 11 For serious lovers of red, don't go past having **Napoleon Perdis Colour Disc in Red**, \$25, in your handbag for cheeks, eyes or lips. 12 Create a natural glow with **Eva Perez Natural Beantrot Cheek & Lip Tint**, \$29.95. Waterproof & perfect for on-the-go touch-ups.

